**Solar Cook-Off**

**Team Recipe Form**

Submit 3 copies of each recipe-use additional pages if needed. All recipes must be typed and include complete instructions and all ingredients used to prepare and garnish dish(es). Please use word to type your recipe and ingredients. **NO HANDWRITTEN WILL BE ACCEPTED.**

**\*Recipe may be substituted no later than May 5, 2023**

Submitted by (Team Name):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Recipe:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Approximate cooking time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_Type of cooker:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Source of recipe:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Below is a sample of how your recipe ingredients must be submitted including detailed instructions***: **USE THIS FORM ONLY FOR YOUR RECIPE.**

*Ingredients and step-by-step prep and cooking instructions (list amount of each item and cooking instructions):*